Finisher Certificate helan Multisport

Saturday July 21, 2018

John Downing has completed the Long Course

event with a finish time of 05:16:25

Overall Position: 9/116

Category Position: 50-54 1/8

Gender Position: 9/75

Splits

00:37:51 Swim:

T1: 00:02:18

Bike: 02:50:19

T2: 00:01:15

Run: 01:44:40



