



Congratulations on finishing the Lake Stevens Triathlon

Saturday September 9, 2017

Olympic

Splits

Name: Keith La Londe

Swim: 00:31:20

Finish Time: 02:30:02

T1: 00:02:16

Overall Position: 24/139

Bike: 01:08:14

Category Position: 50-54 2/6

T2: 00:01:43

Gender Position: 21/91

Run: 00:46:26

