



# Congratulations on finishing the Mount Rainier Duathlon



## Long Course

*Sunday April 28, 2019*



<b>Name:</b>	John Colvard	<b>First Run:</b>	00:44:39
<b>Finish Time:</b>	03:05:57	<b>T1:</b>	00:02:11
<b>Overall Position:</b>	47/75	<b>Bike:</b>	01:43:53
<b>Category Position:</b>	55-59	<b>T2:</b>	00:01:44
<b>Gender Position:</b>	35/49	<b>Second Run:</b>	00:33:28
	5/7		

