



Congratulations on finishing the Mount Rainier Duathlon



Long Course

Sunday April 28, 2019



Name:	Constance Adamski	First Run:	00:37:36
Finish Time:	03:08:10	T1:	00:01:32
Overall Position:	50/75	Bike:	01:55:19
Category Position:	30-34	T2:	00:01:48
Gender Position:	13/26	Second Run:	00:31:54

