



# Congratulations on finishing the Mount Rainier Duathlon



## Long Course

*Sunday April 28, 2019*



<b>Name:</b>	Erika Proano	<b>First Run:</b>	00:54:10
<b>Finish Time:</b>	03:49:24	<b>T1:</b>	00:01:50
<b>Overall Position:</b>	70/75	<b>Bike:</b>	02:11:02
<b>Category Position:</b>	40-44	<b>T2:</b>	00:01:32
<b>Gender Position:</b>	23/26	<b>Second Run:</b>	00:40:48
	7/7		

