



# Congratulations on finishing the Mount Rainier Duathlon



## Long Course

*Sunday April 28, 2019*



<b>Name:</b>	Adam Heiner	<b>First Run:</b>	00:33:49
<b>Finish Time:</b>	02:24:52	<b>T1:</b>	00:00:49
<b>Overall Position:</b>	10/75	<b>Bike:</b>	01:24:25
<b>Category Position:</b>	45-49	<b>T2:</b>	00:00:46
<b>Gender Position:</b>	10/49	<b>Second Run:</b>	00:25:00
	3/14		

