



Congratulations on finishing the Mount Rainier Duathlon



Long Course

Sunday April 28, 2019



Name:	David Pokluda	First Run:	00:40:24
Finish Time:	02:50:34	T1:	00:01:05
Overall Position:	35/75	Bike:	01:39:01
Category Position:	45-49	T2:	00:00:57
Gender Position:	29/49	Second Run:	00:29:07
	9/14		

