



# Congratulations on finishing the Mount Rainier Duathlon



## Long Course

*Sunday April 28, 2019*



|                           |              |                    |          |
|---------------------------|--------------|--------------------|----------|
| <b>Name:</b>              | Abdean Smith | <b>First Run:</b>  | 00:33:52 |
| <b>Finish Time:</b>       | 02:27:14     | <b>T1:</b>         | 00:00:51 |
| <b>Overall Position:</b>  | 13/75        | <b>Bike:</b>       | 01:24:56 |
| <b>Category Position:</b> | 40-44        | <b>T2:</b>         | 00:00:56 |
| <b>Gender Position:</b>   | 13/49        | <b>Second Run:</b> | 00:26:38 |
|                           | 3/5          |                    |          |

